The Questionnaire

1-3. What is your age/gender/role within Nationwide Children’s Hospital?

4. How many years have you been in practice within your current role?

5-7. What is your experience with hypnosis/acupuncture/music therapy?

9-9. Do you think that hypnosis/acupuncture would be accepted by patient or parents in the perioperative period (preoperative use or use in the PACU)?

10-12. Do you think that acupuncture is effective to reduce postoperative nausea and vomiting and to decrease opioid consumption and postoperative pain?

13-14. Do you think that hypnotherapy/music therapy is effective to reduce preoperative anxiety for patients?

15. Do you think that hypnotherapy has a place in the practice of clinical anesthesia in the perioperative period?

16-17. Have you ever had training in hypnotherapy/acupuncture?

18-19. Would you like to have training in perioperative hypnotherapy/acupuncture?

20-21. Would you consider using perioperative hypnotherapy/acupuncture in the future for your patients?

Discussion

Knowledge of CAM therapies is limited among anesthesia providers in our institution, however may become a more available option for perioperative anxiolysis and pain based on the responses received from our survey.

References